

# Ways You Can Protect Your Data:

This month we are covering Usernames and Passwords  
The remaining topics will be covered in future months



# Be Strategic With Usernames/Passwords



## Do

- Create passwords that are long and strong, using 10 characters or greater, upper- and lowercase letters, numbers, and symbols.
- Use a unique password for each account to prevent a quick and invasive attack on all of your accounts, known as credential replay.
- Where available, request a security token for two-factor authentication when accessing your accounts.
- Consider the use of a password manager to help manage longer and unique passwords.



## Don't

- Use information that can be easily found about you online or otherwise.
- Share passwords with others.
- Store your passwords online.
- Use any part of your Social Security number, birth date, or other personal data when creating passwords.

# Be Strategic With Usernames/Passwords



Graphics from Betterbuys.com